# **Smooth Transitions**

# New Student Transition Workshops Resources for Disabled Students/Student Disability Center

### Welcome to CSU

## Things You May Not Know About CSU

- Trial Gardens
  - Located directly across from the University Center for the Arts (UCA)
- Art Museums and Galleries
  - Located in the University Center for the Arts (UCA), as well as in the Visual Arts Building.
- Coffee Shops
  - Morgan's Grind
  - Sweet Sinsations
  - Intermissions
  - o INTO Cafe
  - o Rockwell Coffee Shop
  - Human Bean Truck,
- Food Vendors
  - LSC Food Court
  - o Cam's Lobby Shop
  - Lake Street Market
  - o Bagel Place 1 & 2
  - o Cache La Crepe
  - RamSkeller
- Arbordium
  - Located on the south west side of campus near the Stadium and Academic Village. Contains plants, trees, and shrubs all native to Colorado.
- Study Spaces
  - Behavioral Sciences Building (BSB)
  - o The Cube
  - Library
  - Biology Building,
  - o Residence Hall Study Rooms
  - o Off Campus Coffee Shops: Mugs, Allycat, Wild Boar, Starbucks

## **Disability at CSU**

#### Disabled is not a dirty word

There is nothing wrong with using the words "disability" or "disabled". They are not bad words. By avoiding the use of these words we only give more power to the negative connotations that are attached to these words.

# Disability is a social construct: the environment disables us more than our conditions do

Disability is something that we as a society have created. The way we've created our society has created barriers that disable us. There is nothing inherently wrong with us, we are just living in a society that was not designed for us.

#### Disability is a normal part of the human condition

Disability is a normal part of life. Anyone can acquire a disability at any time. If we live long enough there's a good chance we will acquire different disabilities as we age.

#### Disability is part of diversity

People with disabilities is one of the most diverse groups in the world. Disability can affect anyone from any type of identity.

## Disability is an identity

Being disabled is a social identity. People with disabilities share a common experience of having a disability. Through this we can better understand one another. We are a community.

# Be proud, not ashamed

Having a disability is nothing to be ashamed of.

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#### Introduction to the Accommodations Process

## **Differences Between High School and College**

#### High School

- Accommodations process initiated by the school
- Parents are involved
- Accommodations are meant to ensure success

## College

- Accommodations process initiated by student
- Parents are only involved if the student consents to it
- Accommodations are meant to ensure access

## The Initial Process of Requesting Accommodations

Requesting accommodations is an interactive process

- 1. Student contacts our office and schedules an appointment with an accommodations specialist.
- 2. Student meets with a specialist and provides documentation of their disability.
- 3. Specialist will determine appropriate accommodations and recommend them to the student. Different accommodations can be put in place for different situations.
- 4. Student chooses which accommodations they want to use.
- 5. Specialist will generate letter verifying accommodations.
- 6. Students give their accommodation letters to their instructors.
- 7. Instructors should follow the accommodations and help ensure them.
- 8. If issues arise students need to contact their specialist ASAP.

# **Re-establishing Accommodations**

Students need to re-establish their accommodations every semester they are wanting to utilize them. Doing so is a shortened process.

#### If the student does not need to change any of their accommodations:

- 1. Student comes into our office and fills out a request form.
- 2. Specialists will generate new accommodation letters.
- 3. Student checks back about a week later and picks up their new accommodation letters.
- 4. Students give their letters to their instructors.
- 5. Instructors should follow the accommodations and help ensure them.
- 6. If issues arise students need to contact their specialist ASAP.

#### If the student needs to change accommodations

- 1. Student schedules an appointment with a specialist to discuss changes.
- 2. Student and specialist meet and discuss changes to accommodations.

- 3. Specialist generate new accommodation letters.
- 4. Students give their letters to their instructors.
- 5. Instructors should follow the accommodations and help ensure them.
- 6. If issues arise students need to contact their specialist ASAP.

#### What to do in certain situations

- A professor refused to accommodate you
  - Contact your specialist via email
- There is a schedule conflict with one of your exams due to your extended time
  - Work with your professor to find a time that works for both of you

## **Tips for Giving Your Professor Your Accommodation Letters**

- Visit their office hours
- Introduce yourself
- Make a connection
- Explain who you are and what the letter is

#### Questions,

If you have any further questions please feel free to come see us or email us.

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